

## Checklist for 4+2 provisional psychologists transferring to the new 4+2 internship program

Below is a list of the requirements that you will need to complete by the end of your 4+2 internship under the new 4+2 guideline.

You must review the revised guideline for the 4+2 internship program, including the definitions at Appendix A to determine whether your internship will be impacted. You must also ensure that your employer is aware of any changes that may impact your work.

To transition to the new internship: together with your supervisor, review your progress, check off what you have already achieved and make a list of what is still to be achieved – then review your list against your current internship plan to see if you need to make any changes. You will need to refer to your logbook to complete this task.

✓	Requirements	To do list
	<p>Demonstrated competence in the following areas:</p> <ol style="list-style-type: none"> <li>1. knowledge of the discipline</li> <li>2. ethical, legal and professional matters</li> <li>3. psychological assessment and measurement</li> <li>4. intervention strategies</li> <li>5. research and evaluation</li> <li>6. communication and interpersonal relationships</li> <li>7. working with people from diverse groups <u>or</u> working within a cross-cultural context</li> <li>8. practice across the lifespan</li> </ol> <p>Apart from a change of terminology – ‘competency’ instead of ‘capability’ and a change of name for competency #7 these core competencies for the internship remain the same.</p>	<p>Review the supervision plan with my supervisor to ensure I am still on track to achieve all competencies.</p>
	<p>Six case reports <u>or</u> case studies – three submitted to the Board</p> <p>Assessed as satisfactory by the principal supervisor: ____ 5 ____</p> <p>Assessed as satisfactory by the Board: ____ 2 ____</p>	<p>Write up my last case report – use new report format and seek my supervisor’s advice on whether to have an assessment or intervention focus. Submit one more case study or report to the Board for review (pick the best one not already submitted).</p>
✓	<p>Three ethical dilemma tasks of at least 500 words each, or equivalent if presented orally, addressing the criteria in the guideline (criteria are the same in both versions of the guideline).</p> <p>Assessed as satisfactory by the principal supervisor: ____ 6 ____</p>	
✓	<p>Practice with people from diverse groups task – * one cross cultural case study <u>or</u> short presentation or report addressing the criteria in the new guideline</p> <p>Assessed as satisfactory by the principal supervisor: _1 case study, NESB client</p>	
	<p>Practice across the lifespan task – two across the lifespan case studies <u>or</u> one short presentation or report addressing the criteria in the new guideline</p> <p>Assessed as satisfactory by the principal supervisor: _ one case study – older adult client _</p>	<p>Complete new lifespan task – seek my supervisor’s advice on format and focus – e.g. presentation on a child or adolescent issue.</p>

✓	Requirements	To do list
✓	<p>Practice documents/written communication - portfolio or summary of eight different types of practice documents assessed as satisfactory by the supervisor and recorded on the summary or kept in a portfolio.</p> <p>Assessed as satisfactory by the principal supervisor: ____10____</p>	
	Demonstrate competence in the administration, scoring and interpretation of psychological tests at least twice for each to a supervisor with a real client, or in a realistic simulated environments	
✓	<p>One adult test of intelligence</p> <p>Name and version of test: ____WAIS IV____</p> <p>Demonstrated:</p> <p>1. Date: _5 Nov 2015_ Supervisor: ____MS____</p> <p>2. Date: _8 Dec 2015_ Supervisor: ____MS____</p>	
✓	<p>One child test of intelligence</p> <p>Name and version of test: ____WISC IV____</p> <p>Demonstrated:</p> <p>1. Date: _22 May 2016_ Supervisor: _HT__</p> <p>2. Date: _31 May 2016_ Supervisor: _HT__</p>	
✓	<p>One specialised test of memory</p> <p>Name and version of test: ____WMS IV____</p> <p>Demonstrated:</p> <p>1. Date: _5 June 2016_ Supervisor: ____MS____</p> <p>2. Date: _27 June 2016_ Supervisor: ____MS____</p>	
✓	<p>Two standardised personality tests</p> <p>Name and version of test 1: ____PAI, 2007____</p> <p>Demonstrated:</p> <p>1. Date: _5 Nov 2015_ Supervisor: _MS____</p> <p>2. Date: _8 Dec 2015_ Supervisor: _MS____</p> <hr/> <p>Name and version of test 2: ____16PF, 5th Ed____</p> <p>Demonstrated:</p> <p>1. Date: _14 Feb 2016_ Supervisor: ____MS____</p> <p>2. Date: _____ Supervisor: _____</p>	Schedule a direct observation session for 16PF

✓	Requirements	To do list
<div>✓</div>	<p>Four other tests selected from the National Psychology Examination curriculum:</p> <p><u>Name and version of test 1:</u> ____ <b>DASS</b> ____</p> <p>Demonstrated:</p> <p>1. Date: <u>5 Nov 2015</u> Supervisor: <u>MS</u></p> <p>2. Date: <u>8 Dec 2015</u> Supervisor: <u>MS</u></p> <hr/> <p><u>Name and version of test 2:</u> ____ <b>K-10</b> ____</p> <p>Demonstrated:</p> <p>1. Date: <u>5 June 2016</u> Supervisor: <u>MS</u></p> <p>2. Date: <u>14 June 2016</u> Supervisor: <u>MS</u></p> <hr/> <p><u>Name and version of test 3:</u> ____ <b>SDQ</b> ____</p> <p>Demonstrated:</p> <p>1. Date: <u>14 July 2016</u> Supervisor: <u>MS</u></p> <p>2. Date: <u>14 July 2016</u> Supervisor: <u>MS</u></p> <hr/> <p><u>Name and version of test 4:</u></p> <p>Demonstrated:</p> <p>1. Date: _____ Supervisor: _____</p> <p>2. Date: _____ Supervisor: _____</p>	<p>Choose a fourth test that I am familiar with from the exam curriculum to demonstrate to my supervisor, and schedule observation sessions.</p>
	<p>Reflective journal - you are either already using a journal in addition to your reflections in the log book <u>or</u> will start using a journal instead of reflections in the log book by 1 June 2017.</p>	<p>Start keeping as separate reflective journal and take to supervision sessions.</p>
	<p>120 hours of professional development (PD) activities</p> <p>Hours of PD completed: <u>85</u></p>	<p>Review PD plan, transfer to new template and update it to address any identified leaning needs.</p> <p>Complete another 35 hours of PD including exam revision.</p>
	<p>160 hours of professional supervision with Board-approved supervisors</p> <p>Hours completed: <u>132</u></p>	<p>Complete 28 more hours of professional supervision, including:</p>
	<p>100 hours of individual (one-on-one) supervision (individual + group + other must = at least 160)</p> <p>Individual supervision hours completed: <u>95</u></p> <p>Group supervision hours completed: <u>37</u></p> <ul style="list-style-type: none"> <li>• you can add provision for up to 10 hours of indirect supervision in your plan</li> </ul>	<p>at least 5 hours of individual supervision (principal or secondary)</p> <p>Add provision for 1.5 hours of indirect supervision for review of my final case report</p>
✓	<p>80 hours of principal supervision (principal + secondary must = at least 160)</p> <p>Principal supervision hours completed: <u>99</u></p> <p>Secondary supervision hours completed: <u>33</u></p>	

✓	Requirements	To do list
	<ul style="list-style-type: none"> <li>you can add provision for more secondary supervision in your plan (up to 50 percent)</li> </ul>	n/a
	<p>1000 hours of direct client contact (including real and simulated clients)</p> <p>Hours completed: <u>865</u></p> <ul style="list-style-type: none"> <li>you can claim up to 150 (90+60) hours of simulated client contact you have already completed that you recorded in your log book as client related activity or professional development, remember to take it off your CRA or PD total though – you can't count the same hours twice.</li> </ul>	<p>Complete 136 more hours of direct client contact,</p> <p>Including:</p>
	<p>850 hours of direct client contact with real clients (not simulated learning activities)</p> <p>Hours completed: <u>800</u></p>	<p>at least 50 more hours of direct client contact with real clients</p>
	<p>2720 hours of psychological practice (including direct client contact <u>and</u> client related activities)</p> <p>Hours completed: <u>2251</u></p>	<p>333 more hours of client related activities or extra client contact</p>
	<p>3000 hours of internship (psychological practice and supervision and professional development) over a minimum of 88 working weeks.</p> <p>Hours completed: <u>2468</u></p>	<p>Total of 532 internship hours to go:</p> <p>35 hours PD,</p> <p>28 hours supervision,</p> <p>136 hours direct client contact,</p> <p>333 hours other/client related activities.</p>