

Checklist for 4+2 provisional psychologists transferring to the new 4+2 internship program

Below is a list of the requirements that you will need to complete by the end of your 4+2 internship under the new 4+2 guideline.

You must review the revised guideline for the 4+2 internship program, including the definitions at Appendix A to determine whether your internship will be impacted. You must also ensure that your employer is aware of any changes that may impact your work.

To transition to the new internship: together with your supervisor, review your progress, check off what you have already achieved and make a list of what is still to be achieved – then review your list against your current internship plan to see if you need to make any changes. You will need to refer to your logbook to complete this task.

✓	Requirements	To do list
	<p>Demonstrated competence in the following areas:</p> <ol style="list-style-type: none"> 1. knowledge of the discipline 2. ethical, legal and professional matters 3. psychological assessment and measurement 4. intervention strategies 5. research and evaluation 6. communication and interpersonal relationships 7. working with people from diverse groups <u>or</u> working within a cross-cultural context 8. practice across the lifespan <p>Apart from a change of terminology – ‘competency’ instead of ‘capability’ and a change of name for competency #7 these core competencies for the internship remain the same.</p>	
	<p>Six case reports <u>or</u> case studies – three submitted to the Board</p> <p>Assessed as satisfactory by the principal supervisor: _____</p> <p>Assessed as satisfactory by the Board: _____</p>	
	<p>Three ethical dilemma tasks of at least 500 words each, or equivalent if presented orally, addressing the criteria in the guideline (criteria are the same in both versions of the guideline).</p> <p>Assessed as satisfactory by the principal supervisor: _____</p>	
	<p>Practice with people from diverse groups task – one cross cultural case study <u>or</u> short presentation or report addressing the criteria in the new guideline</p> <p>Assessed as satisfactory by the principal supervisor: _____</p>	
	<p>Practice across the lifespan task – two across the lifespan case studies <u>or</u> one short presentation or report addressing the criteria in the new guideline</p> <p>Assessed as satisfactory by the principal supervisor: _____</p>	

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	<p>Practice documents/written communication - portfolio or summary of eight different types of practice documents assessed as satisfactory by the supervisor and recorded on the summary or kept in a portfolio.</p> <p>Assessed as satisfactory by the principal supervisor: _____</p>	
	<p>Demonstrate competence in the administration, scoring and interpretation of psychological tests at least twice for each to a supervisor with a real client, or in a realistic simulated environments</p>	
	<p>One adult test of intelligence</p> <p><u>Name and version of test:</u> _____</p> <p>Demonstrated:</p> <p>1. Date: _____ Supervisor: _____</p> <p>2. Date: _____ Supervisor: _____</p>	
	<p>One child test of intelligence</p> <p><u>Name and version of test:</u> _____</p> <p>Demonstrated:</p> <p>1. Date: _____ Supervisor: _____</p> <p>2. Date: _____ Supervisor: _____</p>	
	<p>One specialised test of memory</p> <p><u>Name and version of test:</u> _____</p> <p>Demonstrated:</p> <p>1. Date: _____ Supervisor: _____</p> <p>2. Date: _____ Supervisor: _____</p>	
	<p>Two standardised personality tests</p> <p><u>Name and version of test 1:</u> _____</p> <p>Demonstrated:</p> <p>1. Date: _____ Supervisor: _____</p> <p>2. Date: _____ Supervisor: _____</p> <hr/> <p><u>Name and version of test 2:</u> _____</p> <p>Demonstrated:</p> <p>1. Date: _____ Supervisor: _____</p> <p>2. Date: _____ Supervisor: _____</p>	

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	<p>Four other tests selected from the National Psychology Examination curriculum:</p> <p><u>Name and version of test 1:</u> _____</p> <p>Demonstrated:</p> <p>1. Date: _____ Supervisor: _____</p> <p>2. Date: _____ Supervisor: _____</p>	
	<p><u>Name and version of test 2:</u> _____</p> <p>Demonstrated:</p> <p>1. Date: _____ Supervisor: _____</p> <p>2. Date: _____ Supervisor: _____</p>	
	<p><u>Name and version of test 3:</u> _____</p> <p>Demonstrated:</p> <p>1. Date: _____ Supervisor: _____</p> <p>2. Date: _____ Supervisor: _____</p>	
	<p><u>Name and version of test 4:</u> _____</p> <p>Demonstrated:</p> <p>1. Date: _____ Supervisor: _____</p> <p>2. Date: _____ Supervisor: _____</p>	
	<p>Reflective journal - you are either already using a journal in addition to your reflections in the log book <u>or</u> will start using a journal instead of reflections in the log book by 1 June 2017.</p>	
	<p>120 hours of professional development (PD) activities</p> <p>Hours of PD completed: _____</p>	
	<p>160 hours of professional supervision with Board-approved supervisors</p> <p>Hours completed: _____</p>	
	<p>100 hours of individual (one-on-one) supervision (individual + group + other must = at least 160)</p> <p>Individual supervision hours completed: _____</p> <p>Group supervision hours completed: _____</p> <ul style="list-style-type: none"> • you can add provision for up to 10 hours of indirect supervision in your plan 	
	<p>80 hours of principal supervision (principal + secondary must = at least 160)</p> <p>Principal supervision hours completed: _____</p> <p>Secondary supervision hours completed: _____</p> <ul style="list-style-type: none"> • you can add provision for more secondary supervision in your plan (up to 50 percent) 	

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	<p>1000 hours of direct client contact (including real and simulated clients)</p> <p>Hours completed: _____</p> <ul style="list-style-type: none"> • you can claim up to 150 (90+60) hours of simulated client contact you have already completed that you recorded in your log book as client related activity or professional development, remember to take it off your CRA or PD total though – you can't count the same hours twice. 	
	<p>850 hours of direct client contact with real clients (not simulated learning activities)</p> <p>Hours completed: _____</p>	
	<p>2720 hours of psychological practice (including direct client contact <u>and</u> client related activities)</p> <p>Hours completed: _____</p>	
	<p>3000 hours of internship (psychological practice and supervision and professional development) over a minimum of 88 working weeks.</p> <p>Hours completed: _____</p>	