

NOTICE: The Board's revised guidelines for 4+2 internship program are effective 1 June 2017. This template is only relevant to provisional psychologists who are at the end of their 4+2 internship and wish to submit their application for general registration between 1 June 2017 and 1 September 2017. As per the Board's transitional arrangements, this cohort of provisional psychologists can still apply for registration in accordance with the requirements set out in the old 4+2 guideline. This template will be removed from the Board's website on 1 September 2017.

Target problems template for the 4+2 internship program

The following template is to be used by provisional psychologists undertaking the 4+2 internship program and their supervisors for recording the supervisor's evaluation of six target problems presented by the provisional psychologist of the course of the program.

A guide to filling this table is on the following page.

The Board may request submission of this summary form at any time during the internship.

PROVISIONAL PSYCHOLOGIST					SUPERVISOR	
No.	Presenting Problem / Target Situation	Core Subject Areas Relevant to Target Situation	Theories Relevant to Target Situation	Intervention/ Outcomes	Method of Presentation	Supervisor's initials if competency demonstrated

Guide to completing the target problems template

PROVISIONAL PSYCHOLOGIST					SUPERVISOR	
No.	Presenting Problem / Target Situation	Core Subject Areas Relevant to Target Situation	Theories Relevant to Target Situation	Intervention/ Outcomes	Method of Presentation	Supervisor's initials if competency demonstrated
	Brief description	The core subject area/s listed above that is relevant to the target problem.	A discussion of the theories and models relevant to the target problem, with reference to how these theories and models assist with investigating, describing, explaining, predicting and modifying the target problem.	A brief plan for an appropriate intervention for the target problem, informed by the relevant theories.		
1	Example 40-year old female presenting with symptoms of anxiety and depression resulting from issues of grief and relationship difficulties	Example 1. Lifespan and Developmental Psychology 2. Basic Psychological Processes 3. Abnormal Psychology 4. Counselling Theory and Practice 5. Social Psychology	Example 1. Berk, L E Development through Lifespan (2004) 2. I G Sarason (The problem of Maladaptive Behaviour (2004) 3. J Beck, Cognitive therapy basics and beyond (1995) 4. Corey, G Theory and Practice of Counselling and Psychotherapy (2001)	Example Cognitive and behaviour strategies employed to facilitate communication and manage client's thought processes. Initial treatment objectives achieved. Symptoms of anxiety reduced. Developed insight into both biological and psychological issues related to depression.	Example Initial oral case presentation. Ongoing discussions on case management. Review of documented process via logbook entries. Written case study.	Example AJW