

Friday, 26 February 2016

Dear Sir/Madam

I would like to formally register my support for the Counselling Psychologist's College's revised definition and associated competencies. After a thorough read I believe that this document more accurately reflects the training and practice of the discipline of Counselling Psychology.

As you can see from my title (below) I manage a large team of clinical and counselling psychologists who provide services to a clinical population of psychiatric patients at a St John of God private hospital in Melbourne. These patients experience a wide range of mental illnesses including Schizophrenia, Depression, Anxiety, Bipolar, Personality disorders, PTSD, Interpersonal Trauma, Addictions, and Eating Disorders. I routinely conduct assessments, formulations and interventions. I routinely liaise with the psychiatrists and discuss medication options. I also have a small private practice where I provide services to a clinical and sub-clinical population experiencing a wide range of mental and emotional health issues and I also provide couples therapy.

Kind regards

**Susan Cavarra | Psychologist  
Psychoanalytic Psychotherapist  
Manager Psychiatric Therapy Programs  
Member of Divisional Management Committee  
St John of God Pinelodge Clinic**

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