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Psychology Board of Australia
GPO Box 9958
Melbourne Vic 3001
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Dear Board Members

Re: Public consultation paper 26: Area of practice endorsements

Thank you for the opportunity to provide input into the public consultation on Area of practice endorsements and specifically on the definition and competencies required for endorsement as a counselling psychologist.

I would like to give my support to the revised competency statements provided to you by the APS College of Counselling Psychologists and the Association of Counselling Psychologists. In my opinion the revised list of competency statements and definitions more accurately describe the training, research and practice of counselling psychology.

I am a counselling psychologist working in private practice with adolescents, adults, couples and families. I receive referrals from psychiatrists, obstetricians and general practitioners for a range of mental health disorders including, but not limited to: anxiety, depression, PTSD, perinatal anxiety and depression, personality disorders, bipolar disorder, severe social anxiety, obsessive-compulsive disorder, eating disorders and adjustment disorder.

My role is to provide assessment, diagnosis, case formulation, ongoing therapeutic management and comprehensive reports to inform best practice. The psychological treatment I offer is founded on evidence-based practices to ensure sound, research-informed interventions to support my clients and relieve their symptoms.

The inclusion of competency statements relating to mental health assessment, differential diagnosis, case formulation, and evidence-based treatment interventions more accurately reflects the nature of counselling psychology training and the clinical realities of every-day practice of counselling psychology.

Please do not hesitate to contact me if you require any further information.

Yours faithfully,

By email

Kylie Coventry MAPS MCCOUNP
Counselling Psychologist
Chair, APS College of Counselling Psychologists WA