



Karen J Abbott
B.Sc.(Hons)MPsych
Psychologist

14 Otago Pass, Meadow Springs,
Mandurah WA 6210
Individual Adults only
Mondays to Thursdays

Phone: 0414866358
Email: verney@netspace.net.au
Fax: (08) 9581 8068
Medicare Provider: 2768081T
ABN: 79251352856
AHPRA: PSY 0001578422
Private Health rebates (not HBF)

Psychology Board of Australia

GPO BOX 9958

February 22nd, 2016

MELBOURNE VIC 3001

By Email: psychconsultation@ahpra.gov.au

Dear Board Members,

RE: Public Consultation Paper 26: Area of practice endorsements

I wish to give my support for the revised competency statements provided to you by the Association of Counselling Psychologists and the APS College of Counselling Psychologists. I consider their revisions more accurately reflect the competencies of my training, research and practice in the specialized domain of counselling psychology.

As a Psychologist in various positions over the years and as a private practitioner since 2000, I have been seeing people with complex and chronic mental health issues every day. I work and have worked with people dealing with anxiety and anxiety disorders; depression and depressive disorders; Post Traumatic Stress Disorder (PTSD); Post Natal Depression (PND); relationship issues; drug and alcohol problems; domestic violence; and bullying amongst other issues. I have run clinical groups for anxiety; depression and PND; worked with adolescents at risk; couple's therapy and clients dealing with cancer and other health issues and grief.

I also work with clients transitioning from work to retirement; return to work from injury; and employee assistant programs with various agencies and companies. I work closely with the General Practitioners in my area; Psychiatrists and other allied health professionals and I continue to receive referrals from them all.

The inclusion of these competency statements relating to mental health assessment, case formulation, and appropriate evidence-based care, I believe, are a much more accurate reflection of both my postgraduate training and my daily clinical work.

Yours sincerely

Karen J Abbott

B.Sc.(Hons).M.Psych

PSYCHOLOGIST