

Domains of Knowledge APS College of Counselling Psychologists
(Revised December 2008)

Areas	Inclusion Criteria
1. Theories and knowledge relevant to psychological specialities	<p>Demonstrated advanced knowledge in:</p> <ul style="list-style-type: none"> ▫ Empirically Supported Treatments (ESTs) in psychotherapies ▫ Group processes and family functioning ▫ Normal and abnormal development across the lifespan <p>Demonstrated advanced knowledge of:</p> <ul style="list-style-type: none"> ▫ Theories of personality development ▫ Theories of lifespan development and their contextual relevance in psychotherapy & counselling ▫ Diagnostic classification systems including DSM & ICD, and indigenous psychologies
2. Assessment	<p>Demonstrated advanced knowledge in:</p> <ul style="list-style-type: none"> ▫ Formulation and diagnosis of client stressors, mental health disorders and psychological distress ▫ Collaborating with clients in case formulation of mental health problems <p>Demonstrated competence in specific areas of psychological assessment including:</p> <ul style="list-style-type: none"> ▫ Psychopathology ▫ Bio-psycho-social status ▫ Cognitive functioning and impairment ▫ Personality ▫ Vocational psychology ▫ Health and well-being and tests of specific functioning

3. Interventions and implementation

Demonstrated advanced competence in:

- ▣ Empirically supported therapies which facilitate change for individuals, couples, families and groups from a diverse range of backgrounds
- ▣ Psychotherapeutic interventions
- ▣ Integration of psychotherapy strategies from a diverse range of counselling theories
- ▣ Taking account of contextual factors in designing and delivering psychotherapy interventions
- ▣ Developing and delivering collaborative therapeutic interventions